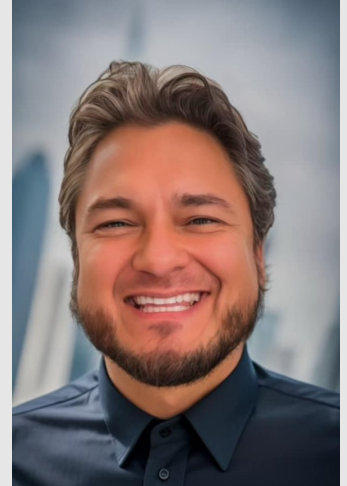
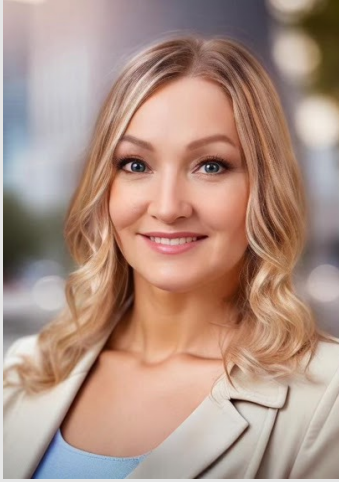


INJECTIONS 101



Treatment info: **Wrinkle Relaxers**

Purpose: To relax and prevent wrinkles

Cost: \$10/unit (average treatment 20-45 units)

Product: Jeuveau by Evolus

Longevity: 3-4 months

Technique: Needle

Length of appt: 15-30 minutes

Recovery: Bruising is possible

Note: If possible, avoid all blood-thinning medications for 2 weeks before injections including Ibuprofen, Excedrin, Aspirin, Aleve, vitamin E, fish oil, etc...

Must be performed by an experienced injector

Pre-treatment:

avoid alcohol, NSAIDS, and fish oil for a few days prior to injections (these can cause bleeding, which increases your risk of bruising), no immunizations for 2wks before/after injections (may increase inflammatory response and facial swelling).

What not to do after getting cosmetic injections

- Workout
- Get a facial
- Lay down on your face and go to sleep (must be upright for 2-3 hours)
- Get your eyebrows done
- Go in the sauna
- Rub the area injected

A lot of people ask if they can drink alcohol after getting their injections, drinking alcohol is not contraindicated however alcohol does thin your blood.

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